

Contemplate Mercy

Pope Francis has declared an Extraordinary Jubilee of Mercy. It began on 8 December 2015, the Solemnity of the Immaculate Conception and the 50th anniversary of the closing of the Second Vatican Council. It ends on 20 November 2016, the Solemnity of Christ the King.

We are invited to “gaze even more attentively on mercy” and to dedicate this year to “living out in our daily lives the mercy which the Father constantly extends to all of us” (c.f. *Misericordiae Vultus*, n 2 & 25).

This leaflet is offered to encourage participation in the Jubilee of Mercy through the practice of contemplation.

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“... let us allow God to surprise us. He never tires of throwing open the doors of his heart and repeats that he loves us and wants to share his love with us ...”

Pope Francis,
Misericordiae Vultus, n 24.



“In order to be capable of mercy... we must first of all dispose ourselves to listen to the Word of God. This means rediscovering the value of silence in order to meditate on the Word that comes to us.”

Pope Francis
Misericordiae Vultus
(*Bull of Indiction of the Extraordinary Jubilee of Mercy*) n 13,
11 April 2015.



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“We cannot live Easter without entering into the mystery.
It is not something intellectual,
something we only know or read about...
It is more, much more!

‘To enter into the mystery’ means the ability
to wonder, to contemplate;
the ability to listen to the silence
and to hear the tiny whisper
amid great silence
by which God speaks to us
(c.f. 1 Kings 19:12).“

Pope Francis, *Homily*, Easter Vigil Mass, 2015.